

BACP research resource and input offering

In order to support collaborative research that can increase the evidence base to inform counselling, psychotherapy and coaching practice, and support better outcomes for clients, the BACP research team can make a number of resources available to projects that clearly align with BACP's organisational strategy and overarching research priority of [client-focussed research](#).

Research resources or input which can be made available from the research team include:

Administrative input

To support the ongoing and effective functioning of collaborative research projects the BACP research team can offer administrative/secretarial support, including:

- liaising with members of the project team to schedule and arrange team meetings
- developing agendas for team meetings
- note-taking during team meetings
- supporting with the development of publicity materials for research projects (e.g. newsletters, blogposts)

Project promotion and recruitment support

To support the wider promotion of research projects to practicing counsellors, psychotherapists and coaches, as well as to support participant recruitment, BACP's research team can support with publicising research projects through BACP member-targeted online resources and publications, as well through the team's extensive collaborative networks.

Research consultancy and methodological support

To support the planning and successful delivery of research projects the BACP research team can offer consultancy on methodological aspects to:

- promote further research collaboration activities through identifying and liaising with relevant academic groups and third sector counselling, psychotherapy and coaching organisations
- contribute to discussions on research methodology
- support the selection of relevant outcome measures and data analysis methods
- contribute to the promotion of research projects to relevant stakeholders
- support the recruitment of participants to research
- support the meaningful involvement of people with lived experience (PLE) in research
- support the selection of dissemination activities
- contribute to thinking about, and embedding, equality, diversity and inclusion (EDI) considerations across different stages of research projects

- support the development of research ethics applications (please note that we will not be able to provide formal ethical review for projects, this will need to be done through a Higher Education Institution, NHS or other body that can provide formal ethical review)

Practical research support

To support the successful delivery of research projects, the BACP research team can offer practical research input that includes:

- supporting the recruitment of research participants
- contributing to systematic reviews of the literature
- supporting with undertaking quantitative and qualitative analyses of collected data, within the skills and remit of the team
- contributing to dissemination activities by authoring/co-authoring peer-reviewed journal publications, as well as presenting at academic conferences
- supporting activities to identify, recruit and work with people with lived experience (PLE) across different stages of research projects
- contributing to the writing of research ethics applications

Process for requesting BACP research resource support for your project

Academic groups interested in engaging in collaborative research and that want to request research resources/input from BACP will need to follow the following process:

Stage 1: Preliminary contact

1. A representative from the group should contact the BACP research team by email in the first instance (research@bacp.co.uk) with a brief overview of the collaborative project they wish to undertake or which is already underway, with brief details about the type/level of support they would like to receive from BACP.
2. A preliminary exploratory meeting will be arranged with the proposer, other relevant members of the collaborative project group and at least one member of the BACP research team to discuss the proposed project.
3. Following the preliminary meeting, the proposed project will be considered within the research team for a preliminary evaluation of alignment with research strategy/priorities and to explore the team's available capacity, knowledge, experience and skills.

Stage 2: Written proposal

Following the preliminary evaluation of the proposed project, if we are able to proceed to the next stage, the proposing group will be asked to prepare a written proposal clearly outlining:

1. The nature of collaborative work proposed including research questions, rationale and methods.
2. Alignment of the proposed work with BACP's strategy and research priorities.

3. The nature of research resources or input requested from the BACP research team in terms of time commitment (i.e. days per month or year), type (i.e. administrative input, project promotion and recruitment support, consultancy and methodological support, practical research support) and proposed timeline (when you anticipate that the work will need to be carried out).

Stage 3: Decision

1. The written proposal will be evaluated and discussed within the BACP research team and, in some cases, with BACP's research committee to determine alignment with strategy and impact on available team resource.
2. Following the team discussion a decision will be made by BACP's Head of Research and will be communicated to a timescale agreed with the proposer at the point of submission. A decision might be to support the project fully as proposed, partially as proposed or to decline.
3. Where a decision is made to support a project with BACP research team resource, it is our normal practice to put a Memorandum of Understanding in place to cover the agreement for this work and to review the work regularly.